



## Positioning of the Players

### The Players on the Rink

Each team is allowed up to twenty players plus five team staff to be noted in the match record. To be able to start a game each team has to present at least five field players and one properly equipped goalkeeper. During the game each team must have at least four players.

### Player Substitutions

Substitutions of players may take place at any time and an unlimited number of times during a match.

All substitutions must take place within the team's own substitution zone. A player leaving the rink must be on his or her way over the board before the substitute may enter the rink. An injured player leaving the rink outside his or her own substitution zone must not be replaced until play is interrupted.

### The Defenders

The best defenders are all round players, who play both in defence and attack. The defender obviously has his main priority in defending, but also has the responsibility of choosing to stay in an attacking position or move backwards to delay the opposition's attack. The defenders should work closely with the goalkeeper.

### The Centre

Playing centre is probably the most challenging position on the rink. You need to be very fit due to the constant running. The centre is the only player who is expected to be involved in every single situation on the rink, both up front and in defence. The centre is also a main factor in the distribution of the ball. Split vision, good passing and good shooting are a centre's trademarks.

### The Forwards

Nearly every floorball player wants to be a forward, to be able to score lots of goals. Still, the forwards main job is to create goal scoring chances for themselves and for their team-mates. A good forward will often take chances and dribble with the ball in attacking positions. Sometimes they will succeed, sometimes not. It is also important that the forwards co-operate with their team-mates in order for them to be there when a move breaks down.